

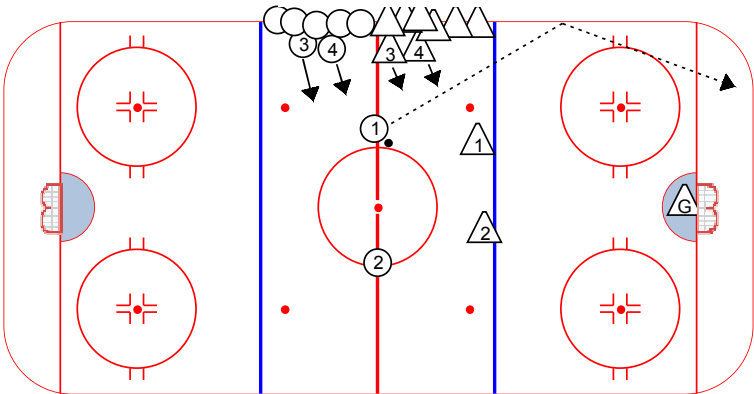
Title : Continous 2 v 2 w/Passive

Content elements: Team Play

Components : Dump & Forecheck

Description

Continuos 2 v 2 w/Passive Support:
- Play starts with 2 v 2 at NZ
- 1 & 2 must dump puck in & forecheck
- 1 & 2 can pass behind the net, but must carry the puck from goal line to top of circles before passing to 3 or 4, who provide passive support in NZ.
- 3 & 4 wait at redline to defend in opposite direction



Key Points :

Good sticks

Read & React

D Move feet

Smart dump-ins