

DT100 Support-Defend-Attack

Key Points:

When the attackers pass back hinge before passing up ice.

Pass while skating.

Follow the pass up the ice and join the attack.

Defenders should close the gap when the attackers regroup.

Description:

1. Blue 1 and 2 attack vs Red 1 and 2.
2. Red 1-2 breakout-attack vs Blue 3-4.
3. Red 1-1 regroup with red 3-4 in nzone.
4. Red 3-4 hinge and pass to red 1-2.
5. Red 1-2 continue attack vs blue 3-4.
6. Red 3-4 follow and support 1-2 from point.

