

## **YouTube Video of Transitions Camp 2024**

A200 - Edges and Balance-Shoot in 4 Lanes - U15 G

[https://youtu.be/hNKj3rk9\\_a0](https://youtu.be/hNKj3rk9_a0)

B4-B600 - NZ Pass x 2-Delay-Shoot- D Shoot – U15 G 2

<https://youtu.be/RJTqEa0icxs>

B6 - Carolina 2-0 - 3-0 - U15 G

<https://youtu.be/WMw04c6beHo>

B6 - 2-0 x 2 Cross Pass x 2 - U15 G

<https://youtu.be/HgKu9CvLmzM>

B6 - Machine Gun - 2 Pass x 2-Shot - U15 G

[https://youtu.be/kjvc\\_kuhYsY](https://youtu.be/kjvc_kuhYsY)

B6 - 2-0 Skate Between Dots - Pass Wide - U15 G

[https://youtu.be/jlQR9oG\\_Zp0](https://youtu.be/jlQR9oG_Zp0)

B6 - Timing Around Circles – Dizzy - U15 G

<https://youtu.be/RtqhBBc0xil>

B6 - Jursinov Continuous 2-0 x 2-Shot - U15 G

[https://youtu.be/xiq\\_E0hvTsk](https://youtu.be/xiq_E0hvTsk)

B600 - McDavid Linear Crossover-Passes-Shot - U15 G

[https://youtu.be/dDQZz4Lz\\_4o](https://youtu.be/dDQZz4Lz_4o)

B600 - Tomas Nzone Continuous Regroup - U15 G

<https://youtu.be/pJAnKFzvMtU>

B600 - One Touch x 3-Stretch Pass-Shot - U15 G

<https://youtu.be/iXR-CbQfZ5w>

C3 - 1-0 - 2-1 - 4-2 - U15 G

[https://youtu.be/4Am1JJ\\_HUkk](https://youtu.be/4Am1JJ_HUkk)

C3 - 1-1 - 2-1 - U15 G

[https://youtu.be/6Z\\_S0eyQ7yo](https://youtu.be/6Z_S0eyQ7yo)

C5 - One D Breakout Options - 1-1 Back - U15 G

<https://youtu.be/DMjRqY1MyzE>

C6 – Poddy's 1-1 to 3-2 – Wally - U18 F

<https://youtu.be/NYAhiCwcA-4>

C6 - Point Shot-Screen-Box Out-Block Shot - U15 G

<https://youtu.be/xfMp4fPhynA>

C6 1-1 Static Start - U15 G

<https://youtu.be/OUsyvIhIESI>

C6 - 2-1 with a Back Checker - U15 G

<https://youtu.be/6N0qvEVWzXI>

D4 - Clear Zone to Transition to Offense - U15 G

<https://youtu.be/M3Trc43KlQc>

D4 x 2 - Clear Zone - Scissors - U15 G

<https://youtu.be/FkZHYmazUvw>

D100 - Game-One Pass Each Zone - U15 G

<https://youtu.be/R6Z3yDaNOnI>

D100 - Power Play Scrimmage x 2 x 3 - U15 G

<https://youtu.be/VkH4tzSvU9k>

D100 - Russian Scrimmage - U15 G

<https://youtu.be/7wmelxfCvfQ>

D202 - 4-4 Regroup with Joker - U15 G

<https://youtu.be/Mhxp7U8g40o>

DT100 - Continuous 2-2 - U15

<https://youtu.be/M7vsMMJ-87k>

E1 - 2-0 x 2 Shootout Race - U15 G

<https://youtu.be/y34hhbrWb8c>

T - Circuit - Goalie - Skills - Team Play – U15 G

<https://youtu.be/cUnToZHlweA>

T1-3 - D100 - Power Play Game - 1-1 to 5-5 - U15 G

<https://youtu.be/J2Rl3C0iM>

T2 - D100 - PP Game 5-5 - One Defender in NZ - U15 G

<https://youtu.be/XvHRv7-KCxxw>

T2 - 5-0 Breakout-Attack x 3 - Cassie - U15 G

<https://youtu.be/TyKHiWqUFeg>

T2 – Pass Back Pressure – Fake Inside Go Outside – Cassie – U15 G

<https://youtu.be/8HdyrMzVh28>

T2-DT400 - 4-2 x 2 power Play Game - U15 G

<https://youtu.be/HWQoQmOio0s>

T3 - C5 – Steer – Angle – Finish – Score – U15 G

<https://youtu.be/FLYqe5oNHws>

T2-4 – High Press PK vs Overload – U15 G

<https://youtu.be/z5BOmpNXhPM>

T - Pre Game Prayer to hockey gods 2

<https://youtu.be/tqLJDK6mAWI?si=hqBlziZK9aQr3l-f>

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'The Game is the Greatest Coach'

'Enjoy the Game'