

## C2 - 3-0 - 1-1 - 2-1 - Pro

### Key Points:

Forwards should attack with speed and defense play a tight gap.

### Description:

1. Start with a 3-0 attack from one corner. All attacks are on the same net.
2. F3 skate back and get a puck from the original end.
3. D1 leave line and defend a 1-1 vs. F3.
4. F1 and F2 come back for another puck.
5. D2 defend a 2-1 vs. F1 and F2.
6. Repeat from the other end.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20121001101444926>

<https://youtu.be/LXdU6fm-gal>

