

B600 - Pass and Replace x 2 - U17 M

Key Points:

Give a target, face the puck, pass and shoot while skating. Call for the puck and attack using linear crossovers. Look for a rebound after you shoot. then circle out and rebound for next shooter or screen and tip.

Description:

A - 1 skate toward middle dot and turn back.

B - 2 pass to 1.

C. 1 skate across and pass to 3.

D - 3 skate to middle lane and pass to 1 on boards.

E - 1 skate in and shoot-rebound.

F - 2 repeat sequence by passing to 3 who shoots from the other side.

G - 1 can give and go with 2 or circle out and rebound or screen and tip.

** Finish with good habits and follow the shot for a rebound.*

** After shooting the player can screen, circle out and rebound for the next shooter, give and go with the next shooter.*

** Another option is to defend a 1-1 either aggressively or passively with the next shooter.*

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<https://youtu.be/nw3pThSaeb4>

