

T2-B5 - 1 D - 2 F - BO From Corner - Shot - Point Shot - U18 M

Key Points:

Review Defensive zone coverage with a coach in corner with the puck. Two forwards play as centre and wing. Break out, attack 3-0 and then get a new puck in corner and practice a point shot with forwards screening

Description:

1. D check coach in corner.
2. Forwards support from middle and boards.
3. Forward skate between dots with puck.
4. Attack 3-0 and shoot.
5. F pass new puck to point.
6. D drag and shoot.
7. Forwards screen and tip.

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<https://youtu.be/ahA8G3alGKI>

