

B6 - 2-0 x 2 - Skate Inside Dots-Cross Behind - U18 M

Key Points:

Practice skating to the 'Big Ice' between the dots when you get the puck. Create a 2-1 on the widest defender and if they play you pass to the outside for a wide entry into the offensive zone.

Description:

1. Players are on both sides of the ice in the corners.
2. Skate across and 1 pass to 3.
3. Number 3 pass to 2 in the middle lane.
4. Number 2 pass wide to 1.
5. Number 1 skate to Big Ice between dots.
6. Number 2 cross behind and get pass from 1.
7. Number 1-2 attack net - shoot - rebound.

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<https://youtu.be/C7kM7hYTzAE>

