

## T2-4 - Forecheck Rotation-Back Pressure-5-0 Pass Across-Shot - U20 M

### Key Points:

2-1-2 forecheck with 2 on the puck. Defenders pass D to D then F3 pressure and F1 rotate high. F3 back pressure the puck carrier when they break out of the zone. F1-F2 backtrack through the middle. Regroup and attack then pressure again.

### Description:

1. F1 check coach F2 support behind F3 high slot.
2. C-C pass behind F3 pressure quickly F2 pursue, F1 rotate to high slot.
3. C-W pass D2 play 1-1 and F3 back pressure. F1-F2 backtrack thru middle.
4. Get puck and regroup in neutral zone.
5. Attack 1-2-3-4-5 with middle drive.
6. F1-F2 pressure coach again.

### T2-4 - Forecheck Rotation-Back Pressure-5-0 Pass Across-Shot - U20 M

[https://youtu.be/vEh\\_pk8tP38](https://youtu.be/vEh_pk8tP38)

