

**T3 - C6 - 1-1 x 2 - Go to Net-Screen-Box Out - C U18 W**

### Key Points:

Focus is attacker use cut backs and fakes to protect the puck and drive to the net. Defender must keep toe caps facing the attacker, stick on the ice and on the puck and free hand on attackers lower back. Box out and seal stick to the outside on the shot and control stick on the rebound.

**Description:**

# A

1. Attacker one protect puck along the boards.
2. Defender stay net side with toe caps forward, stick on the puck and free hand on the lower back.
3. Whistel and attacker go to net to screen and tip.
4. Defender box out, seal attackers stick to outside and control stick on the rebound.
5. Coach shoot.

B

1. Attacker get puck behind net and pass to front of line.
2. Attacker one screen while defender one box out and control stick.
3. Shot from front of the line.
4. Repeat in the other corner with 3-4.

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<https://youtu.be/-7kJkOb6YZ8>

