

## C6 - Low 1-1 x 2 - U17 M

### Key Points:

Two players race hard for the loose puck and protect it with the body. Drive to net, shoot, follow shot. Defender stay on defensive side with stick on the puck. Box out after shot. Both race for new puck and winner is the attacker.

### Description:

#### Part One

1. Both players race for a puck spotted near hash
2. Player on the inside skate around the pylon and pick up the puck
3. Attacker drive net to score.
4. Outside player defends.

#### Part Two

5. Coach whistle both race for a new puck.
6. Attacker drive net to score.
1. Defender check from net side.
8. On whistle repeat with new players from opposite corner.

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<https://youtu.be/Q7w-wHPAGiY>

