

## DT100 Continuous 2-1- 85er's

*This is an 85 born team with Mason Raymond and Jeremy Colliton, who played in the NHL, Mason played in the 2018 Olympics and Jeremy now coaches. Ryan Duncan who won the Hobey Baker is also one of the players. Others like Aaron Lee had good pro careers in the minors and in Europe. All but one of these boy's played at least Jr. A. Many major jr. and many NCAA Div. 1.*

*I get chocked up thinking about these kid's because of what happened after the last tournament we played in Vancouver. I started to go around the room and shake their hands to say goodbye and good luck. Instead of shaking hands the first boy got up and hugged me and my assistant coaches and then the whole team did the same thing.*

*Great memory.*

### Key Points:

New players don't leave the line-up until the puck enters the offensive zone.

On dump outs no one change but go back and regroup with the same players. Changes occur when the puck is over the offensive blue line or controlled over the defensive blue line.

### Description:

1. Attack 2-1 with D getting support from 2 F's and F's from one D.
2. Defending F1 support low to make it a 2-2 and F2 cover the point.
3. New offensive D join and play point.
4. On transition attack 2-1 thru nzone.
5. Continue flow with new O and D support.

-Continue the flow of 2-1 in nzone and 3-3 at each end.

-Dump-ins and regroup can be added.

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20090726085539822>

<https://youtu.be/3USLKJdp3r8>

