

B4-B6 - 2 F-2D - Skate Circle - F1-F2 Shoot - D Point Shot - U17 M

Key Points:

Forwards skate around the circle with the puck and shoot. Two D follow skating backward to the point and get a pass from the coach then D-D and shoot. Forwards go out to point to block the shot and D make an evasive move to get the puck through.

Description:

Part One

1. F1-F2 skate around the circle and shoot.
2. D1-D2 follow to the point skating backwards.

Par Two

1. Coach pass to D1 at point who passes D-D
2. Forwards move out to block shot.
- 3 D2 make evasive move and shoot.
4. Repeat passing to D2 to D1 - shot.

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<https://youtu.be/-tysGBhX1as>

