

T2-4 - D100 - OZ Faceoff - 5-4 - U20 M

Key Points:

Start with a faceoff and then go live. In this example they move into a 1-3-1 power play set and defend with a 1-1-2 push down. On a faceoff loss the C and other forward go out to the point and the two D stay low.

Description:

1. Start with an offensive zone faceoff.
2. Offensive win rotate into a 1-3-1 set.
3. PP faceoff loss outnumber pk to regain the puck.
4. Play full ice 5-4 using the teams pk and pp structure.
5. Coach whistle to stop play and have face-offs.

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<https://youtu.be/iVbR6ml4v7A>

