

G-B4 - 3-0 Pass to G - BO x 2 - U18 M

Key Points:

Players go end to end using one puck doing 3-0 breakouts and then pass directly to the goalie and then rim the puck and the goalie gets the puck off the boards and passes to the D.

Description:

A

1. Red F 1-2, D1 skate and F1 pass to the goalie.
2. Goalie passes to D1.
3. D1 pass to F1 or F2 when switch with D3.
4. F1 or F2 pass to goalie and switch with F3-F4.
5. G pass to D2 who passes to F3 or F4.
6. Repeat.

B

1. Blue F 1-2, D1 skate and F1 rim puck to the goalie.
2. Goalie skate behind-stop puck and pass to D1.
3. D1 pass to F1 or F2 then switch with D3.
4. F1 or F2 skate down ice and rim puck to goalie and switch with F3-F4.
5. G skate behind net to stop puck and pass to D2 who passes to F3 or F4.
6. Repeat.

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<https://youtu.be/TKOX6LSMbLM>

