

## D200 With Jokers at Both Ends 1-1 to 3-3 - RB U17

### Key Points:

Regroups and give and goes are stressed.

*I did this with the U17-U20 morning skills group. By regrouping it gives the players awareness of the ice behind and by having them pass to the player behind the opponents net it encourages one timers and getting open. Defensive players don't check the jokers but instead work on role 4 of covering players away from the puck. I now make a rule that the jokers must either one touch the pass or skate; so either the puck or the player moves. They can also go to the other side of the net. Rotation is play, be a joker, rest.*

### Description:

Each team has a Joker at each end. You must regroup with your defensive joker when you gain possession on the puck and pass to the offensive joker before shooting.

A. Coach dumps in puck. Play 20-30"

1. On possession regroup.
2. Make breakout pass.
3. Pass to low offensive joker.
4. Get open for a pass.
5. Try to score.

On each turnover you must regroup.

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20090817103542544>

<https://youtu.be/x0A2fjqJxY>

