

B600 - One Touch x 2 Circle-Pass-Shoot - Russian U20

Key Points:

Pass while skating, give a target, shoot in stride, follow the shot for a rebound, rebound for the next player.

Description:

- A. 1 and 3 leave from diagonal corners and one touch give and go with 2 and 4.
- B. Skate across the ice and pass to 5 and 7.
- C. 1 and 3 skate around the circle and 7 pass to 3 and 5 pass to 1.
- D. 1 and 3 skate in shoot and follow the shot for a rebound.

* Options: After the shot 1 and 3 either screen, circle back for a rebound.

* Options: Give and go with 2 and 4 or defend a 1-1 vs. 2 and 4 the next attackers.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20150816223635172>

<https://youtu.be/Tvczzat31Ak>

