

T2 – BO - RG - 3-2 With BC - 5-3 - Czech U20

Key Points:

Breakout low to beat a hard pinching forecheck and drive the defenders backward. Fill the three lanes and attack with speed using the middle drive and a D joining the attack.

Description:

1. Coach wants the C to swing low and mirror the puck on the breakout.
2. Coach rim the puck so the goalie can stop it.
3. D1 pass behind to D2 who passes to the C who swings below the hash marks.
4. Breakout 5-0 with F1-F2-F3 and regroup with D3-D4 in the far end.
5. F1-2-3 D3-4 attack vs. D1-D2.
6. Coach release F4 to backcheck.
7. F1-F2-F3-D3-D4 play 5-3 vs. D1-D2-F4.
8. Play until the a goal, puck is frozen or defenders carry the puck out of the zone.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20150819092648509>

<https://youtu.be/JbQ6aEzkyw4>

