

DT400 – 3-0, 3-1, 4-2 Puck Support Sequence – U15 Boy's

Key Points:

Wally Kozak takes U15 boy's through a puck support sequence. The key is to pass and get open, give a target, have your head up so you can make the next pass, skate to open ice when you get the puck.

Description:

1. Start with 3 players one touching the puck around a triangle in the slot and shooting.
2. Add one defender and allow only one touch.
3. One point for a goal and defenders get a point when the puck is out of play.
4. Offense gets 3 new pucks.
5. Rotate new player in and continue 3-1.
6. Play 4-2 one touch.
7. Shoot when there is an open lane to the net.
8. Focus on players moving to get open.
9. Play a two touch game of 2-2 and to go on offense pass to the one Joker above the circles.
10. Add another Joker at the point. Regroup with a Joker to go onto offense.
11. Low 2 on 2 with 2 Jokers.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20150104172708560>

<https://youtu.be/lfhl7NVLcBw>

