

C3 - 2-1 x 2 - Czech U20

Key Points:

Attack with speed and make the first play early to force the defender to make a decision. Defender delay the play and prevent the puck from crossing the mid-line to allow the goalie to cover the strong side of the net. If the defender slide it must be outside the post.

Description:

1. Players line up at diagonal blue lines.
2. F1 leave from the far blue line while F2 and D1 leave from the diagonal blue line.
3. F1 pass to F2 who one touches back to F1.
4. D1 follow F2 and then pivot backward and defend vs. F1-F2.
5. F3-F4 and D2 repeat from the opposite blue lines.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20151124091246297>

<https://youtu.be/9IyoUMnOljo>

