

B202 - Circle and Shoot 1-0 x 2 x 2 - Czech U20

Key Points:

Make lots of moves and shoot while skating then follow the shot. Shoot to score. Rebound for the next shooter.

Description:

1. Players line up in four groups behind the blue line.
2. The first player from one side leaves with a puck and circle the other players.
3. Skate to the net and shoot to score.
4. Follow the shot for a rebound.
5. Circle back and rebound for the next player.
6. Skate outside first to shoot from the middle and inside to shoot from the wing.

** With large groups two nets at each end can be used.*

** This formation can be used for 1-0, 2-0, 3-0, 1-1, 2-1, 2-2 drills or a quick transition game.*

<http://www.hockeycoachingabcs.com/mediagallery/media.php?s=20150816212954900>

<https://youtu.be/x43wkh9cxpg>

