

## T2-4 - 5-5 Low Breakout 5-2 – Pro

### Key Points:

Defenders communicate to play man on man or switch. Weak side forward cover the front of the net if defending 3 on 3 on one side.

### Description:

1. Start 5-5, offense F1 has the puck in the corner.

#### *Option A:*

2. Puck carrier goes behind the net, D1 switch with D2 in front who plays the puck carrier.
3. D2 takes the puck of F1 and makes a breakout pass.
4. Attack 5-2. Wide wing cut across then finish with a middle drive.

#### *Option B:*

1. Start 5-5 and F1 has the puck in the corner.
2. F1-F2-F3 cycle in the corner vs. D1-D2-F1 who play man on man low.
3. Defensive F2 has net coverage and F3 strong side point.
4. After one cycle defender take the puck and make a breakout pass.
5. F2 cut across the middle for a chip out behind the D.
6. Attack 5-2 with middle drive and 4 on the attack.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20150103083857792>

[https://youtu.be/0pF7w5\\_kCr4](https://youtu.be/0pF7w5_kCr4)

