

DT400 1-1 to 2-2 Angling Game

Key Points:

Attack with speed and go to the net hard. Defender fight for the defensive side with the stick on the ice.

Description:

1. A1 start at the red line.
2. B1 start against the boards at the top of the circle.
3. Battle until a goal, frozen puck or puck is out of the scoring area.
4. Pass to A2 who attacks vs. B2.
5. Rotate from A-attacker to B-defender.

* Vary the situations; 1-1, 1-2, 2-1, 2-2.

<https://youtu.be/KNDSyJMIOVA>

