

DT100 - 3 on 2 with Passive Support - Juuso, Yursi – IHF Symposium

Key Points:

Great way to practice 3-2 rush with F3 trailer or the Middle Drive. Defenders must decide where the 2-1 and 1-1 are.

Description:

1. Three F's attack two D.
2. Three F from defending team and 2 D from attacking team follow the play and give passive support high in the zone.
3. On transition defenders pass to the forwards who attack 3-2 the other way.

**Coach can focus on the type of attack and creating a 2-1 on one defender or simply speed and doing a middle drive. An option to add is have one supporting forward play a 3-3 low with the original defenders.*

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20131129144043591>

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https://youtu.be/_jd3lo6tT4w

