

D202 - 3 on 3 with 2 Defensive Jokers - Pro W

Key Points:

SAG that requires quick decisions. Play in an athletic position, give a target, get open, move with the puck, shoot, rebound.

Description:

1. Nets are on the blue lines facing each other.
2. Two Jokers are behind their own goal.
3. Regroup with a Joker to go onto offense.
4. Jokers can pass or shoot.
5. Play from 1-1 to 5-5 even and odd number situations.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20131029134513700>

<https://youtu.be/-XHGvZ2fCT0>

