

B600 Pass-Drop-Shoot - U18 Boys

Key Points:

Face the puck, accelerate with the puck and follow the shot for a rebound.

Description:

- A. Leave from diagonal blue lines.
- B. 1 leave and exchange the puck with 2.
- C. 1 drop the puck on the red line.
- D. 1 skate around the circle and pick up the puck left by the other player.
- E. Skate in and shoot.
- F. Rebound.
- G. Rebound or exchange passes with the next shooter.
- H. Repeat with two 3's leaving.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=2013052210352710>

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<https://youtu.be/nz6JG9lshYw>

