

B4-B600 3-0 Breakout-Shoot-Cycle-F or D Shoot – Finnish U17

Key Points:

Do everything with quick feet. Make hard passes and D follow the play right away.

Description:

1. Start in the middle circle and 2 F regroup with one D. Attack 2-0 and D follow. Shoot then rebound.
2. Forward pick up a puck in the corner and cycle once and either go to the net and shoot again and then get a new puck and pass to the point and screen for the shot or cycle and pass to the point and screen.
3. Do this from both sides.

http://www.hockeycoachingabcs.com/filemgmt_data/B5%203-0%20Breakout-ShootCycle-F%20or%20D%20Shot-Finnish%20U17.3gp

<https://youtu.be/kRwJiljSFLE>

