

DT100 Continuous 1-1, D Join Attack - U18 F

Key Points:

The defender make a pass and jump into the play right away. The new defender has to realize that it is a late developing 2-1 and the attackers must make a play early before the defenders get support.

Description:

- Start with #2 attacking vs #1.
- #3 support on defense and #4 support the attack.
- After a goal or a defensive breakout #3 attack vs #4.
- The original defender #1 join the attack (#2 return to the lineup when the puck crosses the blue line.) This creates a 2-1 in the neutral zone.
- #5 and 6 join the play after the attack crosses the blue line and actively play a 3-2. #6 play the offensive point position.
- After a goal or breakout continue the flow with 5 vs 6 and 4 joining the rush.

You can run this game with all players playing F and D or if you have D joining the F could line up on one side and the D on the other side in the nzone.

Starting with a 2-1 and two players supporting the D and one the attack would make a 3-3 on the original attack and a 3-1 in the nzone and a 4-3 in the offensive zone.

Starting with a 2-2 attack and the offense getting support from 2 D and the defense from 2 F it would make a 4-4 on the original attack. One D joining the rush makes a 3-2 in the nzone and a 5-4 at each end. (D stay up on the attack)

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20130209093428688>

<https://youtu.be/GH0qDr5qd24>

