

## B6 Defense Shooting Options - U18 F

### Key Points:

Move into a shooting lane and keep the eyes up so you know where the defenders are. Miss the defender coming to the block.

### Description:

- a. 1 pass to 2 and 2 pass back to 1.
- b. 1 pass to 3 and 3 pass back to 1.
- c. 1 pivot and pass back to 3.
- f. 3 skate to mid point and shoot and 1 screen.
- h. Rotate 1 go to point and 3 leave, 2 move to shooting point and repeat sequence with 4 passing to 1.

### ***Sequence of Shots:***

1. Shoot to score.
2. Shoot for a rebound.
3. Shot pass.
4. Shoot wide for a rebound off the boards.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20130201151812565>

<https://youtu.be/5unfqfPHnR8>

