D200 - Jokers Each Side - U18 F

Key Points:
Practice the 4 Game Playing Roles.
1 - Player with the puck.
2 - Player supporting the puck carrier.
3 - Player checking the puck carrier.
4 - Player covering away from the puck.

Description:
1. Play from 1-1 to 5-5.
2. Passes to the jokers on the side are allowed.
3. Jokers may pass or shoot.
4. Pass to a Joker on the whistle.
5. New players skate behind their net on a change.
6. Variations:
a. Send out uneven teams.
b. Give and go with a Joker who can join the game to either even the teams or add up to a designated number of players.
7. Keep score and use short shifts.

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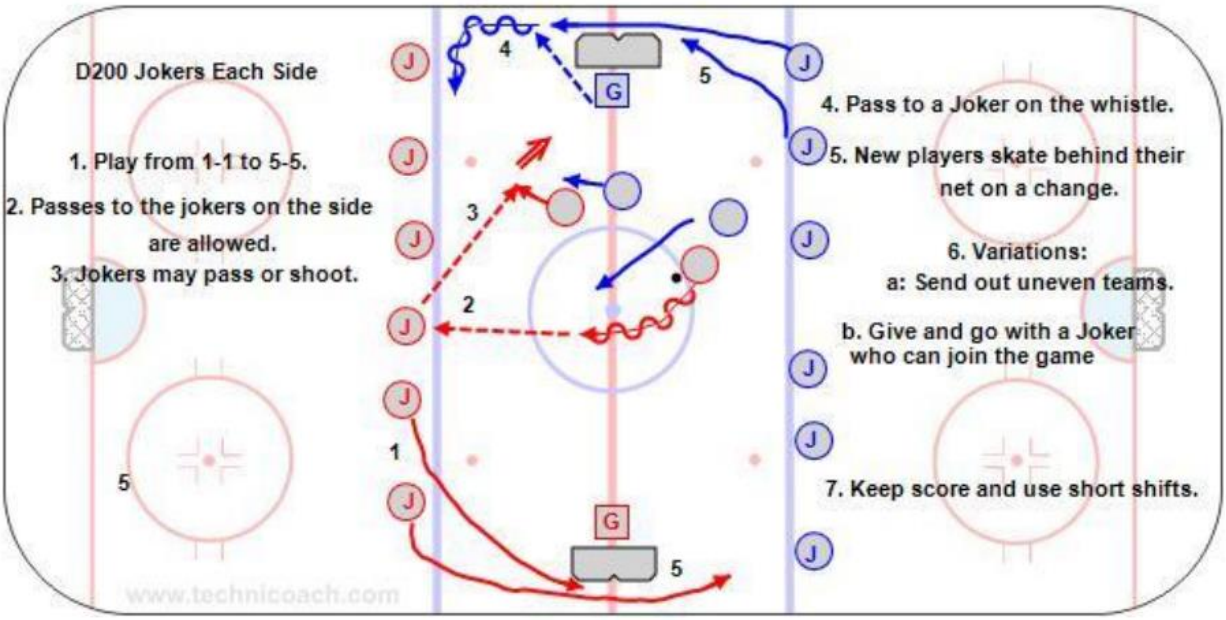
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