

B500 - One Timers and Breakaways - Czech U17

Key Points:

Scoring practice includes one timers, shots from the wing and short breakaways. Players should make moves and fakes as if they are beating a checker and then shoot. Always shoot to score. Follow a pattern so the goalies know where the next shot is coming from.

Description:

1. Take one timers, shots from the wing and point shots at one end.
2. Breakaways from just above the hash marks at the other end.
3. Focus on lots of players getting shots and the goalie stopping pucks from various angles and distances instead of just one kind of shot.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20130115154631744>

https://youtu.be/21zAC0oqK_s

