

B5-B6 - Breakout 3 Shot Czech - U17

Key Points:

Face the puck on the breakout and shoot while skating. Follow the shot for the rebound. Only have one player screen while the other be at the side for a shot pass and rebound. After F1 passes he should spin to create space between him and F2.

Description:

1. F1 and F2 leave from the middle and pass to D1 who was against the boards.
2. D1 pivot then pass to either F1 or F2 and follow them up the ice.
3. F1 pass to F2 (or F2 to F1) and F2 attack and shoot, rebound and screen.
4. F1 spin after passing then get a pass from the coach and shoot, rebound.
5. F1 screen and F2 move to the side for a shot pass.
6. D1 get a pass from the coach and take a shot from the point.
7. All hustle back to the line up.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=2012123122211727>

<https://youtu.be/p2PSzfxwCXc>

