

C3 - 1-0 - 2-1 - 3-2 - Czech U20

Key Points:

Forward see the puck at all times. Make hard passes. One forward without the puck drive hard to the net. Look for rebounds. Attack with speed and hit the net.

Description:

1. Do this in five player units or 3 F and 2 D.
2. F1 leave and pass to D1 who hinges with D2.
3. F1 get a stretch pass from D2.
4. F2 and F3 cross and drop and attack vs. D2 in the same direction.
5. F1-F2-F3 attack the other way vs. D1 while D2 backchecks.
6. Next group of 3 F and 2 D repeat in the other direction.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20121214083701633>

<https://youtu.be/Zzf5PTE-XEk>

