

C2 - 5 on 3 BO - 5-2 Rush - Finnish U17

Key Points:

D move away from pressure and pass to the middle as much as possible. C swing laterally through the top half of the circle about a stick length behind the D. W's stay on the boards. F2 middle drive.

Description:

1. Coach dump in a puck and call how many forecheckers.
2. Blue offensive team break out 5-3 or 5-4.
3. In NZ rush is 5 on 2.
4. Attack with middle drive and D1 joining the rush.
5. Play 5-2 until the rush is finished.
6. Coach dump in a new puck and call out whether one or two forecheckers stay in.
7. Red forwards breakout with original Red D1 and D2.
8. Next blue forward line follow the attack and wait at the blue line for the coach dump in.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20121210173057330>

<https://youtu.be/I056AbS6CJM>

