

C3 - 2 -1-Shot - Regroup 3 -1 - Jr. A

Key Points:

On 2-1 defender keep attacker on one side and deny the pass across making it a 2-2 with D and G.
On the 3-1 attack with speed and defender delay the play cutting the ice in half.

Description:

1. F1 pass behind to F2 and attack 2-1 vs D1.
2. F3 pass to D2 who takes a shot from the point while F1-F2 screen.
3. F3 join F1 and F2 with a new puck and they skate into the neutral zone and regroup with D2.
4. F1-F2-F3 attack 3-1 vs D1.
5. D2 skate to the other net and defend a new 2-1 vs. F4 and F5.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20121109105326721>

<https://youtu.be/S-Ym8IL2XjQ>

