

I have seen this power play set up work well but have never tried it. Last night I decided to practice it with the rules that passes should beat only one defender and a shot every 3". It is very difficult to kill vs this formation and I may even try it 5-4.

Toronto tried it and scored in less than 10". I go to Flames games and haven't seen it since.

T2 - Low Dice 5-3 Power Play

Key Points:

Right shooters play on the left side and left on the right to enable quick shots and forehand passing.
Quick passes and attacks spread the defensive triangle.

Description:

1. Set up with everyone on the off wing.
2. Middle player stay about the hash marks.
3. Attack rule is that either the puck or the player moves. No standing still.
4. Attack goal is a shot every 3".
5. Use passes that beat one defender.
6. Rotate the high triangle.
7. Attack with: walk-outs, one timers, back door passes. switch and pick.

T2 Spread Power Play 2 Below Goal Line

Toronto scores

<https://www.youtube.com/watch?v=LqnpJXI9Xxg>

