

DT4 - Each Team Pass to Joker at Point - U18 F

We did this one zone transition game and started with the rule that each team must have two jokers play the point. Before you could score you have to pass to the point. The jokers could check the opposition joker. We progressed to the rule that all goals had to come from point plays. This really caused the jokers to move so they could get the shot or shot pass through.

Key Points

Each team has one or two jokers at the point. Introduce the game allowing jokers to check jokers. This is a great game to practice getting the shot through under pressure. The jokers at the point must get open and take a shot or make a pass. The defender practices covering the point. Low players get open and defenders cover man to man.

Description:

Each team has one or two jokers at the point.

1. When defenders regain puck they must pass to the point to go on offense.
2. Jokers can shoot or pass.
3. Jokers can check the opponents Joker.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=2012091408474755>

<https://youtu.be/H8etblaZAWA>

