

## G - B600 Goalie Pass and 1-0 - U22 CW

### Key Points:

Hit the net so the goalie can make the save and then make a breakout pass. Give good targets on the wall and time with the other side so goalies have time to pass between shots.

### Description:

1. Red 1 and Blue 1 leave toward far end.
2. Goalie at each end pass to 2 on boards.
3. Blue 2 pass to Red 1 and Red 2 pass to Blue 1.
4. Blue and Red 2's skate to the other end for a breakout pass.
5. Blue and Red 1's shoot on net from top of circles.
6. Red 3 pass to Blue 2 and Blue 3 pass to Red 2.
7. Continue rotation and then switch side after a few minutes.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20120903100000853>

<https://youtu.be/Qnkauabbt6M>

