

B202 - Chaos Passing - Kazakhstan W

Key Points:

Chaos develops split vision and the drill demands that the players pass while skating. Always face the puck and give a target with the stick on the ice.

Description:

1. Half the players line up along the blue lines while the others skate with a puck in the neutral zone and pass to the players on the blue line.
2. Move all around and not just in a circle.
3. Alternate passing to players on one side and then the other blue line.

Tasks like skating moves or types of passes can be added as well as bursts of speed or passing to one line and then the other or passing to each player. Knocking the puck off other players sticks can also be added to create puck protection skills.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=2012082310383134>

<https://youtu.be/2SBg4n4xXuI>

