

D200 Game with Various Situations - U18 F

Key Points:

Players must be alert to the changing situations from one to four opponents and communicate with each other. Only use one puck and pass to team mates on the whistle. Extra pucks can be dangerous when stepped on and hockey is played with one puck.

Description:

1. Teams line up near the dots outside of the blue line.
2. Coaches tell each team how many will go on the whistle.
3. Send from one to five, depending on how many are at the practice.
4. Shifts of 20".
5. Keep score.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20210428155305486>

<https://youtu.be/ULtY1EXerHY>

D200 - Game with Random Teams – Pro

<https://youtu.be/27X8mNmp26I>

