

B300 Monkey in the Middle vs 1 and 2 - Russian U20

Key Points:

Pass with good technique and give a target. Defenders keep the stick in passing lanes.

Description:

1. Choose teams with Rock-Paper-Scissors.
2. Start with one in the middle and then two when the first mistake is made.
3. Rotate on a bad pass or give-away.
4. Move with the puck and make stick and body fakes.
5. Use various kinds of passes or have rules such as one-touch only.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20120410094022848>

<https://youtu.be/aePiP5IxxNw>

