

A500 - Waggle - Fake Go Outside – Build a Wall - Sw

Key Points:

The defender will always protect the middle so the attacker skate inside and when the defender adjusts inside then Waggle by accelerating outside and go wide. Once the attacker is past the defenders shoulder then build a wall and cut in.

Description:

1. Attacker leave from the red line vs. a coach or a passive defender near the top of the circle.
2. Attacker Waggle inside and when defender adjusts inside go outside, build a wall with the body and shoot.
3. The key is to force the defender to make lateral adjustments and not simply skate back in a straight line on the defensive side.
4. Circle back and rebound for the next shooter.

*If the defender turns while adjusting back outside it is possible to go to the middle.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20140506141023321>

A500 - Fake Inside Go Outside – Sw

<https://youtu.be/Py0iNu4m6QI>

