

C6 – 2 on 1 with Backchecker – 2-2 - Sweden

Key Point:

Attack with speed and make the first pass early when entering the offensive zone. Defender stay in the middle and tell the back checker who to cover.

Description:

1. Attacker 1 and 2 start from the hash marks 1 on the boards and 2 in the middle.
2. Defender 1 start on the blue line and 2 on goal line to backcheck.
3. Defender 2 pass to attacker 1.
4. Attackers 1 and 2 skate vs defender 1 while defender 2 backchecks.
5. Attackers try to maintain the 2-1 and score while defenders try to create a 2-2.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20140421092228235>

C6 - 2-1 Rush with Backchecker – SW

<https://youtu.be/D4iNH-grZM4>

