

G 3-0 - Triangle Shooting Finnish U20

Key Points:

Another drill that Finnish goalie coaches use to produce those great goaltenders.

Goalie must stay square to the puck and make the save and then battle to stop the rebound.

Description:

1. One player on each side and one at the mid point.
2. Players take turns skating in and shooting while the other two skaters come in for a rebound.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20120307090122582>

https://youtu.be/UkMg-4f_xUc

