

DT400 - Game of Support-Regroup-Attack-Defend-Breakout – U15

Key Points:

This is a one puck transition game. Regroup with support on the strong side boards and in the middle. If the puck goes across ice flow with the play.

Description:

- A. Red 1 or 2 get a pass from the blue 3 or 4.
- B. Red 1 and 2 attack 2-2 vs blue 1 and 2.
- C. Blue 3 and 4 follow the attack to the top of the circles and give passive support (if the puck is carried higher than they are active)
- D. The defending 1 or 2 pass to 3 or 4 on transition or after a goal.
- E. Blue 3 and 4 regroup with Red 3 and 4 and turn and attack vs the original offensive players Red 3 and 4.
- D. Continue this flow.

Options:

Add another regroup or D to D plays like hinge or switch.

<https://youtu.be/qJK6oBKv4Ug>

