

B6 One Touch Passes and Shoot - Youth

Key Points:

Make good passes. Give a target and skate into the pass. Keep skating while passing and shooting.

Description:

- A. 1 skate and pass to 2.
- B. 2 skate to the inside and pass to 1.
- C. 1 pass across ice to 4.
- D. 4 pass to 3.
- E. 3 pass to 1
- F. 1 attack the net and shoot to score and rebound.

Rotation: 1 replace 2 who replaces 3 who replace 4.

Options. screen after shooting or curl back to rebound for the next shooter. Another option is to one touch pass with the next shooter so he can do a one timer.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20110603080156202>

<https://youtu.be/TtCD6uKzTGI>

