

## B6 Pass and Replace x 3 - Youth

### Key Points:

Pass while skating then turn and face the player who is passing to you. Shoot before the hash marks and follow the shot for a rebound.

### Description:

A. 1 pass to 2 and follow the pass and turn and face 5 for a pass.

B. 2 pass to 3 and follow the pass.

C. 3 pass to 4 and follow the pass.

D. 4 skate in and shoot-rebound- go to the corner.

# Do 2 or 3 minutes from each side. Alternate task by requiring backhand or saucer passes or a move before passing , etc.

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20110413082013321>

<https://youtu.be/CrrVLv9uch4>

