

C1 - Breakout-Attack-Breakout 1-0 or 2-0 - U22 F

Key Points:

Time the support to be available when passer gets control of the puck. Give a target, call for the pass, skate to the big ice inside the dots when you get the puck.

Description:

- A. At both ends player 1 shoot, rebound and pick up a puck from the corner.
- B. Player 2 be available for a breakout pass from the middle or the boards. It could be two players one in the middle and one on the boards.
- C. Player 1 pass to player 2.
- D. Player 2 go down and shoot on the net and rebound.
- E. After shooting player 2 get a new puck from the corner and make a breakout pass on the other side of the ice for either a 1-0 or 2-0 rush.

**Option: Player 2 could regroup with 1 before attacking.*

- #1 could play a defensive 1-1 vs the player attacking on the other side.

- after shooting circle back and time for the rebound of the next shooter or screen.

- give and go with the next shooter.

-join the attack and get a trailer pass and shoot from the point. etc.

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20080720203338539>

<https://youtu.be/hpiadRy76LE>

