

B500-2 on 0-Cycle-Cut Back-Pass-Shoot - RB Pro

Key Points:

F1 skate hard and throw the puck back into a quiet space when the defender commits to him. F2 do one or two cutbacks, protecting the puck to create a passing lane. Follow pass by going to the net.

Description:

A.

- Coach dumps puck into corner.
- F1 skate and get puck.
- F1 pass back to F2 and go high.

B.

- F2 get puck and do cutbacks.
- F2 pass to F1 who shoots.
- F2 follow the pass and go to net for rebound or pass.

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20110324100910693>

<https://youtu.be/Am5XtyUZ38k>

