

B4 Rexi Pass and Replace – RB Pro

Key Points:

Face the puck at all times. Use pivots and turns. Give a target and call for the pass.

Description:

- A. 1 pass to 2 and follow the pass.
- B. 2 pivot in a circle and leave the puck for 1.
- C. 1 pass to 2 in the neutral zone and 2 attack the far end and shoot.
- D. 3 pass to 1 and follow the pass.
- E. Repeat.

Options:

Shoot and screen, shoot and give and go with the next shooter, shoot and rebound for the next shooter. Shoot and defend 1-1 vs. the next shooter.

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20090813080846936>

<https://youtu.be/L0f9iRkZLEY>

