

B6 - One Touch x 3 Shoot-Rebound-Screen - RB Pro

Key Points:

Make one touch passes, face the puck all of the time. Hit the net and follow the shot for a rebound. Change directions every few times.

Description:

1. Leave from the blueline and one touch.
2. Low player return a one touch pass.
3. Exchange puck 3 or 4 times.
4. Player on other side repeat after the second pass.
5. Add variations like a tight turn.

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20090820232945431>

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<https://youtu.be/JqLOzj6MFsE>

